

ASSOCIATION ALBI

- Representing **4 rare inflammatory liver diseases** :
Primary biliary cholangitis, Primary sclerosing cholangitis, Autoimmune hepatitis, Low Phospholipid-Associated Cholelithiasis
- A community of **3000 people** (website, forum, Facebook, Twitter, newsletters...)
- **850 members**
- **20 volunteers** - regional ambassadors
- **Association certified** by the French Health Ministry to represent patients in health organisations
- Member of French Liver Network **Filfoie** and French network for inflammatory diseases of liver and biliary tracts - MIVB-H – equivalent to a pilar within the ‘filière’ and **ERN RARE-Liver**

CONDUCTING SURVEYS SINCE 2005



2005	<ul style="list-style-type: none">• Quality of Life<ul style="list-style-type: none">• Hierarchy of the symptoms and patients' difficulties	100
2010	<ul style="list-style-type: none">• Quality of Life (with BVA – survey company)<ul style="list-style-type: none">• 241 ALBI patients and 243 respondents from control group• Recognition of the problem of chronic fatigue	484
2014	<ul style="list-style-type: none">• Psychological impact<ul style="list-style-type: none">• 50% anxiety, 25% depression	264
2017	<ul style="list-style-type: none">• Patients' major concerns<ul style="list-style-type: none">• Disease progression, treatments, not symptoms	350
2018	<ul style="list-style-type: none">• Quality of Life<ul style="list-style-type: none">• Panorama of the 4 diseases	600
2018	<ul style="list-style-type: none">• Priorities for the PSC research<ul style="list-style-type: none">• Common survey with UK and US patients groups	370
2020	<ul style="list-style-type: none">• Study about patients' experiences on PBC treatments	700
2021	<ul style="list-style-type: none">• Medical care in France – medical visits<ul style="list-style-type: none">• Basis to re-certification of centres of expertise + progress plan	700
2021	<ul style="list-style-type: none">• Study about reimbursement expenses ALD<ul style="list-style-type: none">• Quantity and reasons for a problem in the 100% reimbursements	700

MEDICAL CARE: EVALUATION OF CENTERS OF EXPERTISE

Assessing patients' care in 35 centres of expertise (medical visits) and others

> Used in the re-certification of those centres as part of the French 'filières' (ref. networks).

experience from the **EURORDIS AMEQUIS group** for the assessment, monitoring & evaluation of ERNs.

Questionnaires (26 closed-ended questions + sev. open-ended questions), sent by email, Facebook and added on the website (2 months fieldwork): **700 respondents**

Use of the results

- Presentation to the French liver network and AILD network coordinators.
- Publication on website, Facebook, forum + sent by email to contacts.
- Exchanges with network coordinators and centre leads (ongoing)
- Used in personalised letters of support for the re-certification of French centres
- Used in progress plan to be implemented in 2023.

CONCLUSIONS

Develop a culture for people in the community to express themselves, be listened to and show them that their voice is taken into account:

- Regularly **ask** the community what they think and what they experience
- Make the community feel **listened to** e.g. by answering their comments in the open questions when they give their email, sending them results and telling them how those results are being used...
- **Use the survey results for action:** QoL (chronic fatigue), making sure that patients' feedback is taken into account during visits...
- **Take the experience into account** when doing new surveys (zooms) and when dialoguing with clinicians and researchers, as well as supporting patients.