



# The Start of a Revolution

**EURORDIS Open Academy Training** 

# Where did it begin?

It started with a tragedy that turned into hope.



A baby was born into a world of misdiagnosis, trauma and dismissal. That was later labelled **pathological** idiopathic **ketotic hypoglycemia**.

# Saved by a specialist doctornrik christesen

HEAD OF THE COMPLEX HYPOGLYCEMIA CENTER
ODENSE UNIVERSITY HOSPITAL, DENMARK



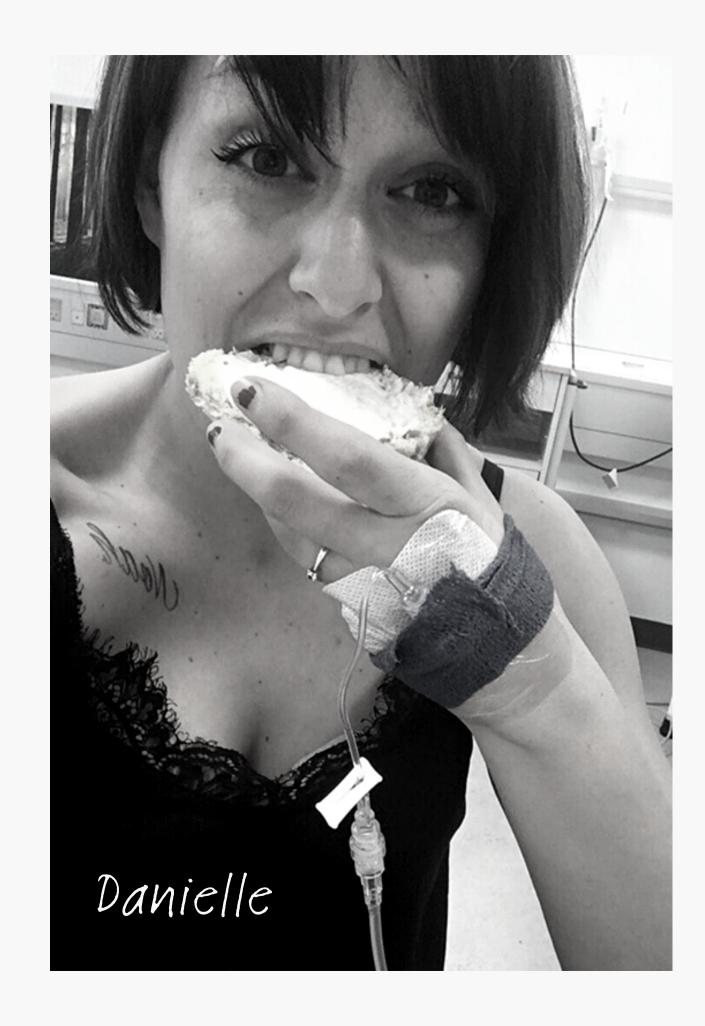
## Reliving the nightmare.

Back on the hypoglycemia rollercoaster, this time better prepared and provided vital treatment sooner.



# ADHD, bulimia and a bad memory

Identifying 26-years of misdiagnosis



## Imagining a better future.

WHERE NO FAMILY OR PATIENT IS LEFT BEHIND



## The Mentor and the Mentee

PROFESSOR JACOB S. PETERSEN

ADJUNCT PROFESSOR, UNIVERSITY OF COPENHAGEN, DENMARK

**HEAD OF CELL THERAPY**NOVO NORDISK, DENMARK







#### The Scientific Advisory Board



Dr. Henrik T. Christesen

SAB Chair, Denmark,

Consultant in

Paediatrics, clinical
professor, leader of a
national center for
complicated
hypoglycemia at H-C
Andersen Children's
Hospital



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Endocrinology &
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Hyperinsulinism Center,
Congenital Adrenal
Hyperplasia, Cooks
Children's Hospital



Dr. David Weinstein
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Development, Passage
Bio, former director of
the Glycogen Storage
Disease Program,
Connecticut Children's
Hospital



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UK, Consultant in
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Endocrinology, Clinician
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Hyperinsulinism and
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Consultant in Paediatric
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University of Groningen,
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Center Groningen,



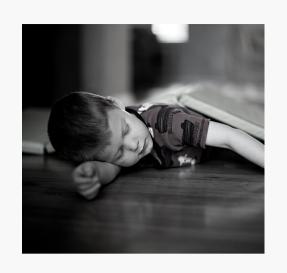
Dr. Mary-Elizabeth Patti
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Physician
Director, Hypoglycemia
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Co-Director, Molecular
Phenotyping and
Genotyping Core
Associate Professor of
Medicine, Harvard Medical
School



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Endocrinology, Diabetes
program, Boston
Children's Hospital,
Professor of Pediatrics,
Harvard Medical School

Ketotic Hypoglycemia International aims to establish a greater understanding of idiopathic ketotic hypoglycemia in the hopes to facilitate improved treatment options and greater quality of life for individuals suffering from idiopathic ketotic hypoglycemia





### "A NORMAL VARIATION OF CHILDHOOD"

Families being dismissed due to the outdated perception that low blood sugar and high ketones is just a normal variation of childhood



### PATHOLOGICAL VS. PHYSIOLOGICAL

Before Ketotic Hypoglycemia International, IKH was not defined into the subtypes: pathological and physiological KH.



#### MONITORING

The perception that blood glucose and ketone monitors are only for diabetic patients can be life-threatening to patients suffering from pathological ketotic hypoglycemia

### Identifying the issues



UNITED
PATIENT GROUP.

Over 1800 families from across 89 countries united in an online support group.



SCIENTIFIC ADVISORY BOARD.

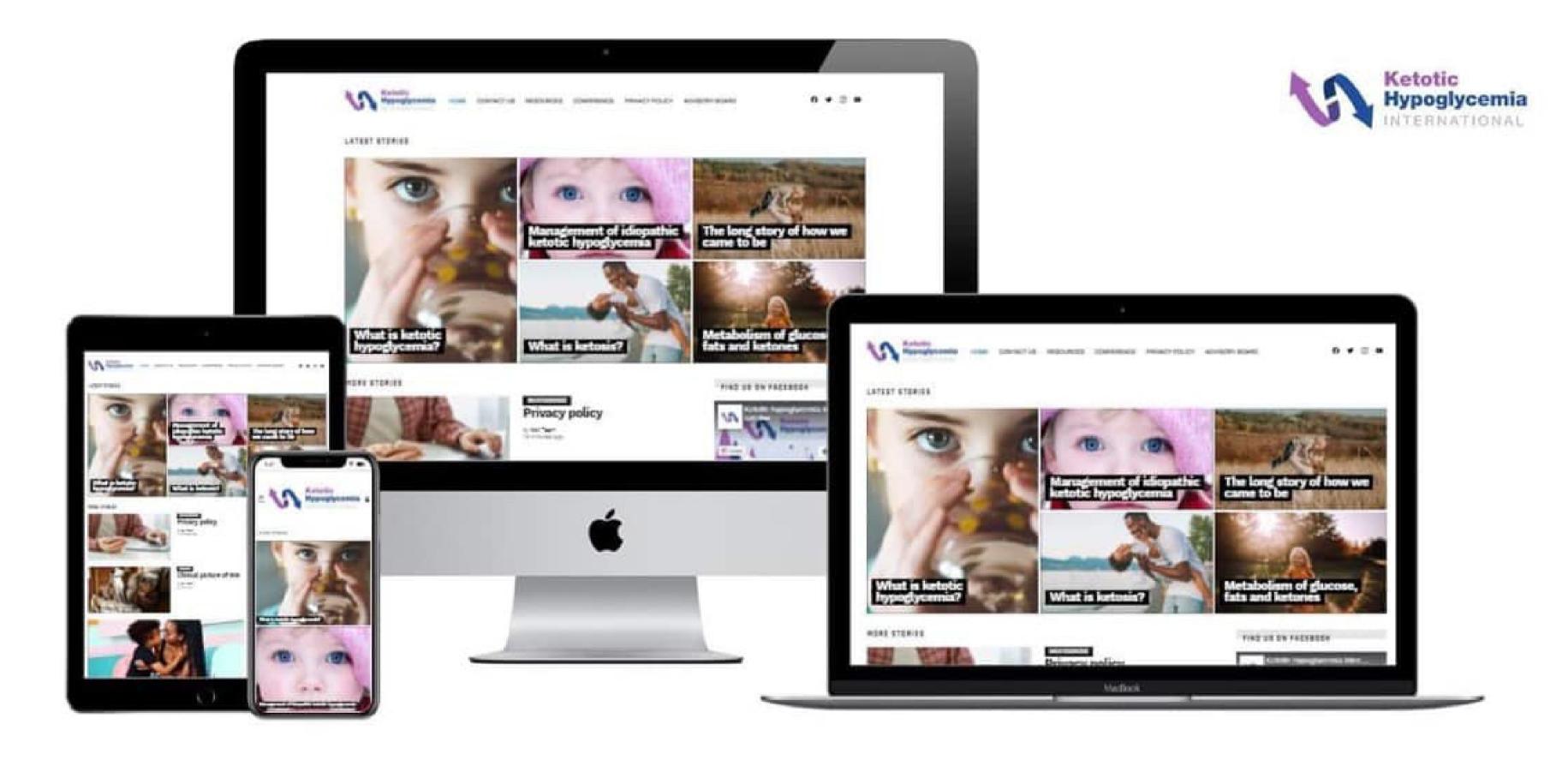
Experts from the fields of endocrinology and metabolism.



KHI FAMILY VOLUNTEERS.

Dedicated family members working voluntarily for our organization.

## The People Power







### MEDICAL BASELINE PAPER PUBLISHED

Collaboration between experts and patients

#### DOWN SYNDROME & KH PAPER PUBLISHED

Identifying new potential correlations

#### KHI ANNUAL CONFERENCES

Over 1500 registrations from countries









The mom



Market Ma

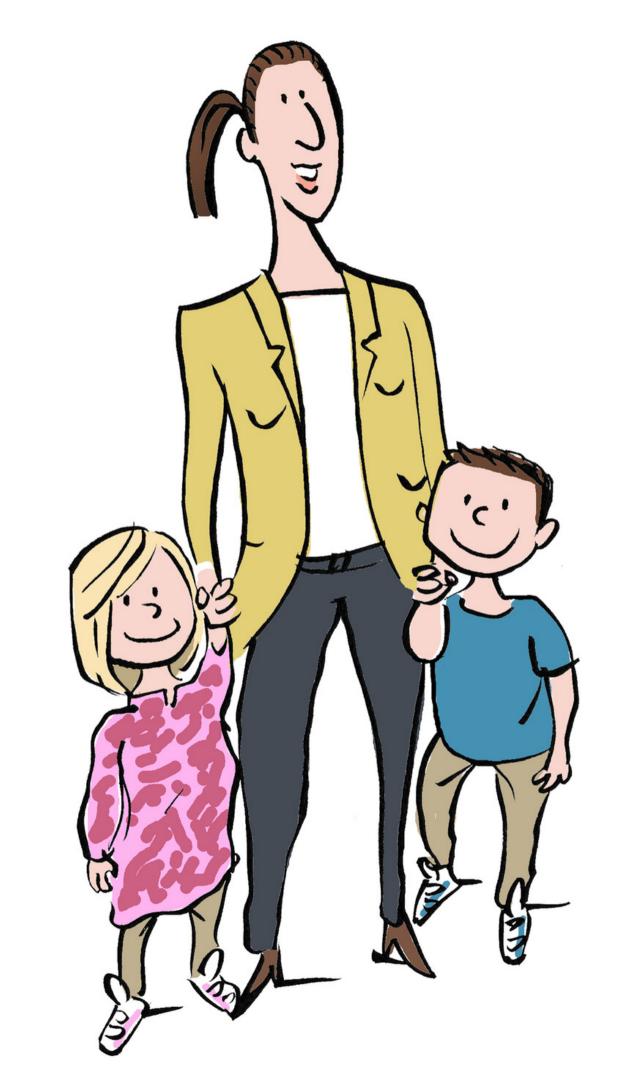
# How do we work - and how can you work?

PATIENTS, CAREGIVERS AND SCIENTIFIC ADVISORY BOARD

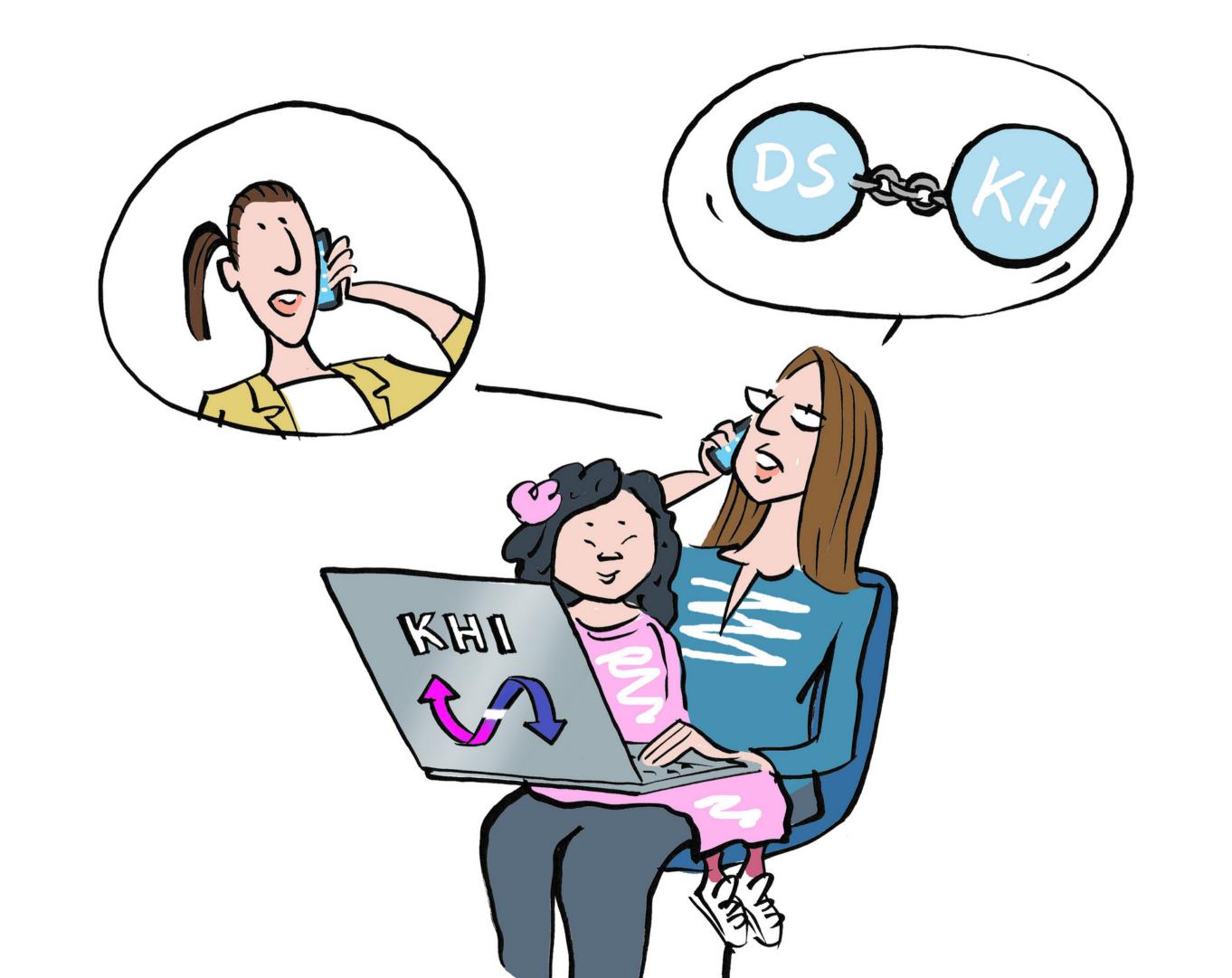


## An example from KHI

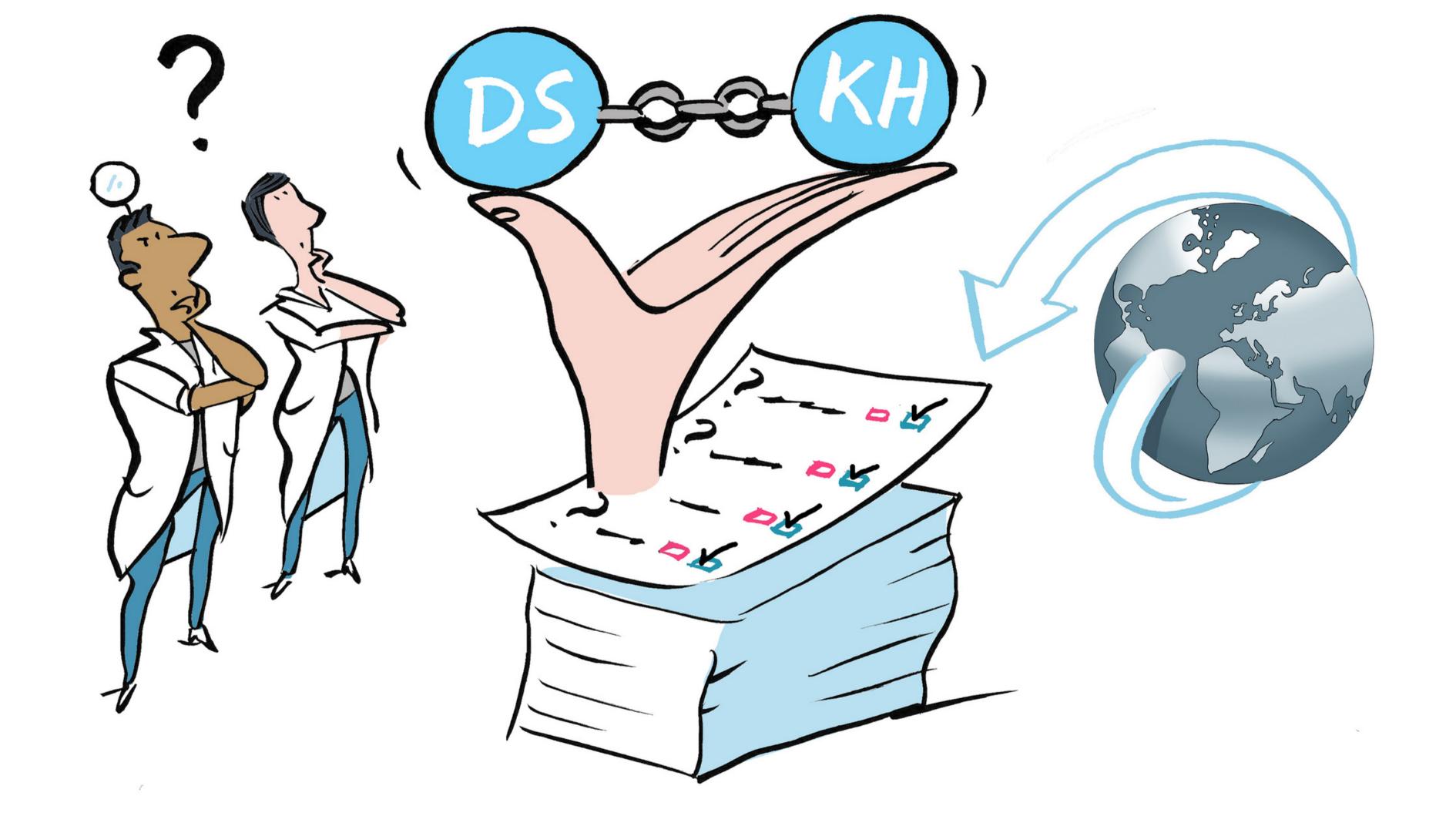
KETOTIC HYPOGLYCEMIA IN DOWN SYNDROME

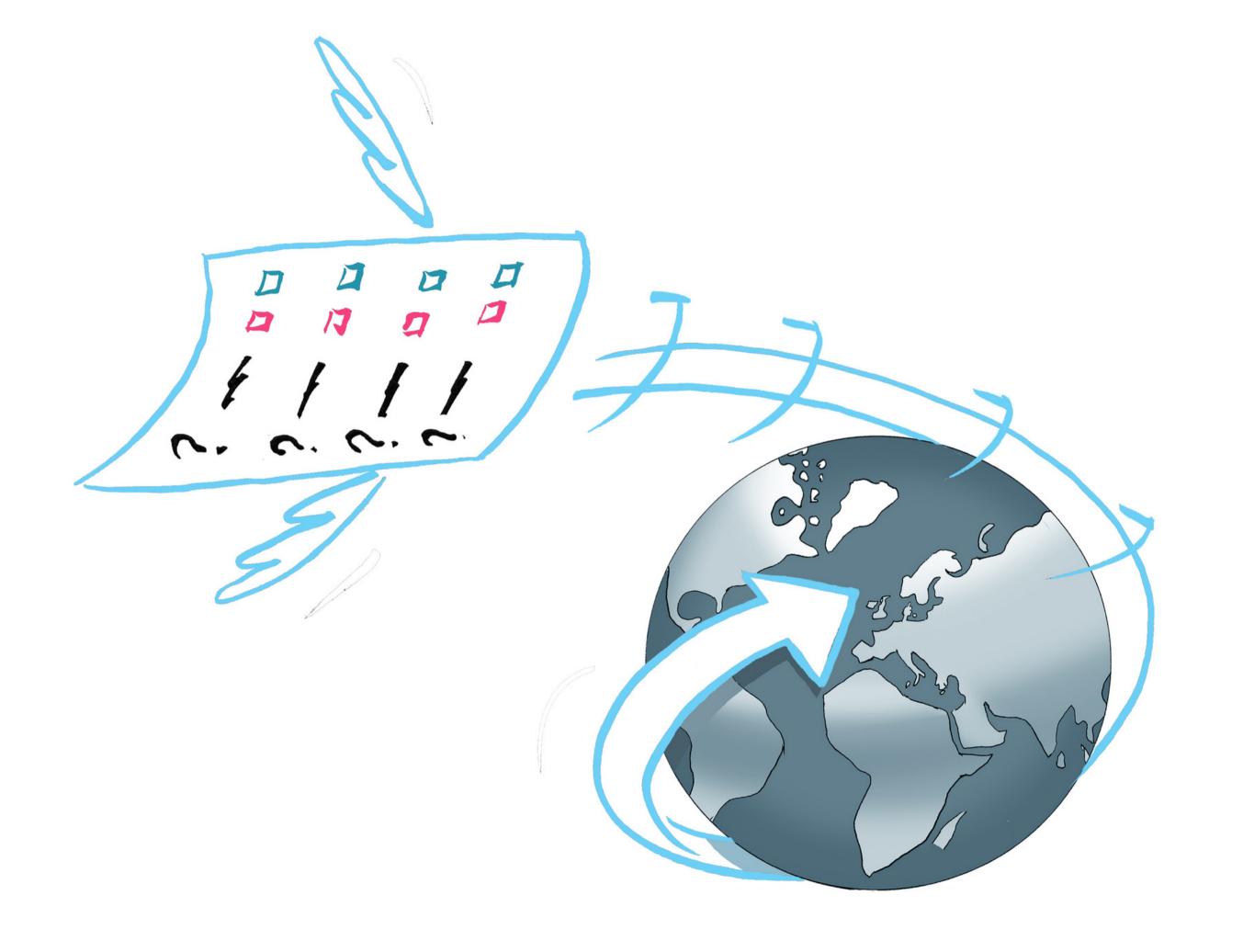






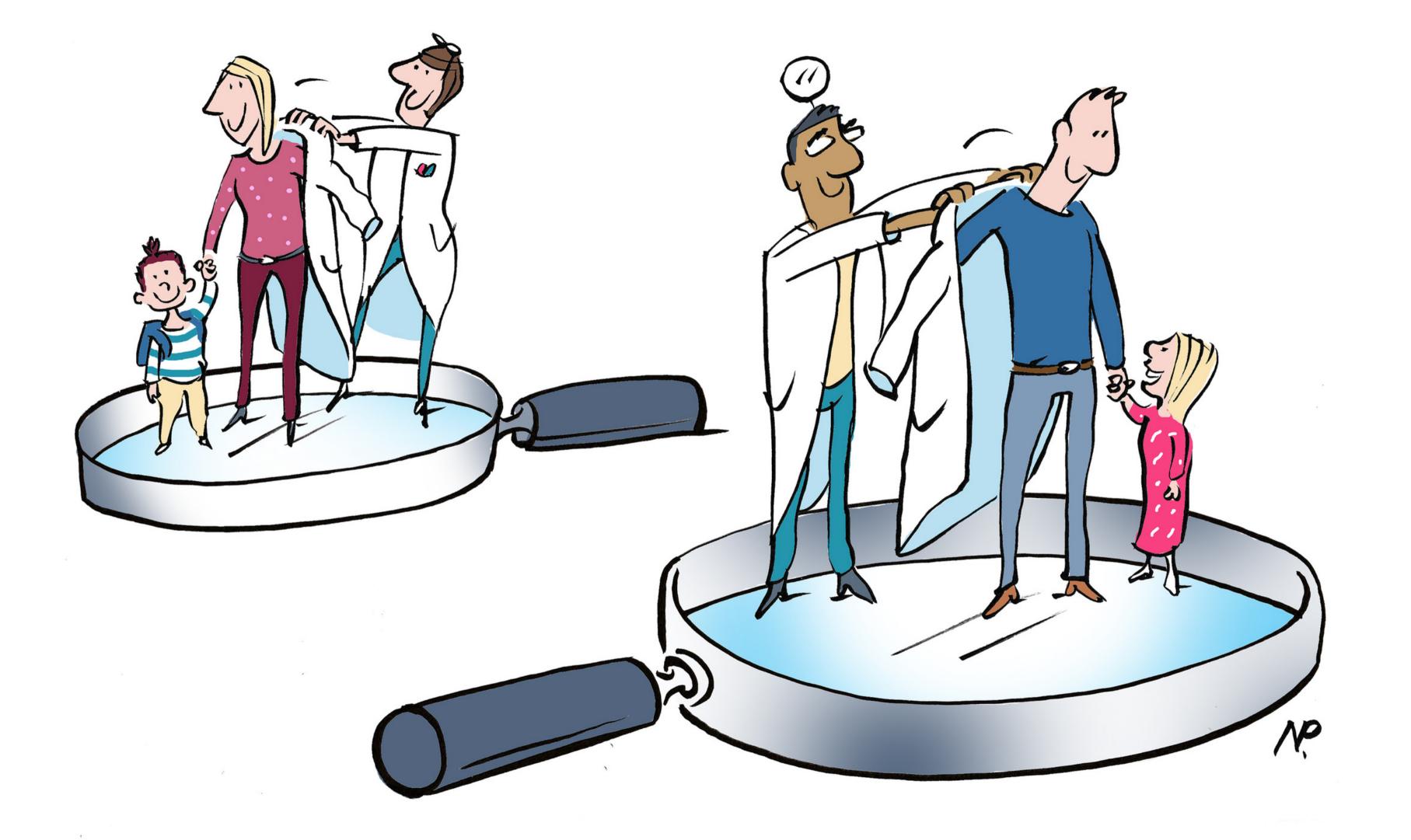




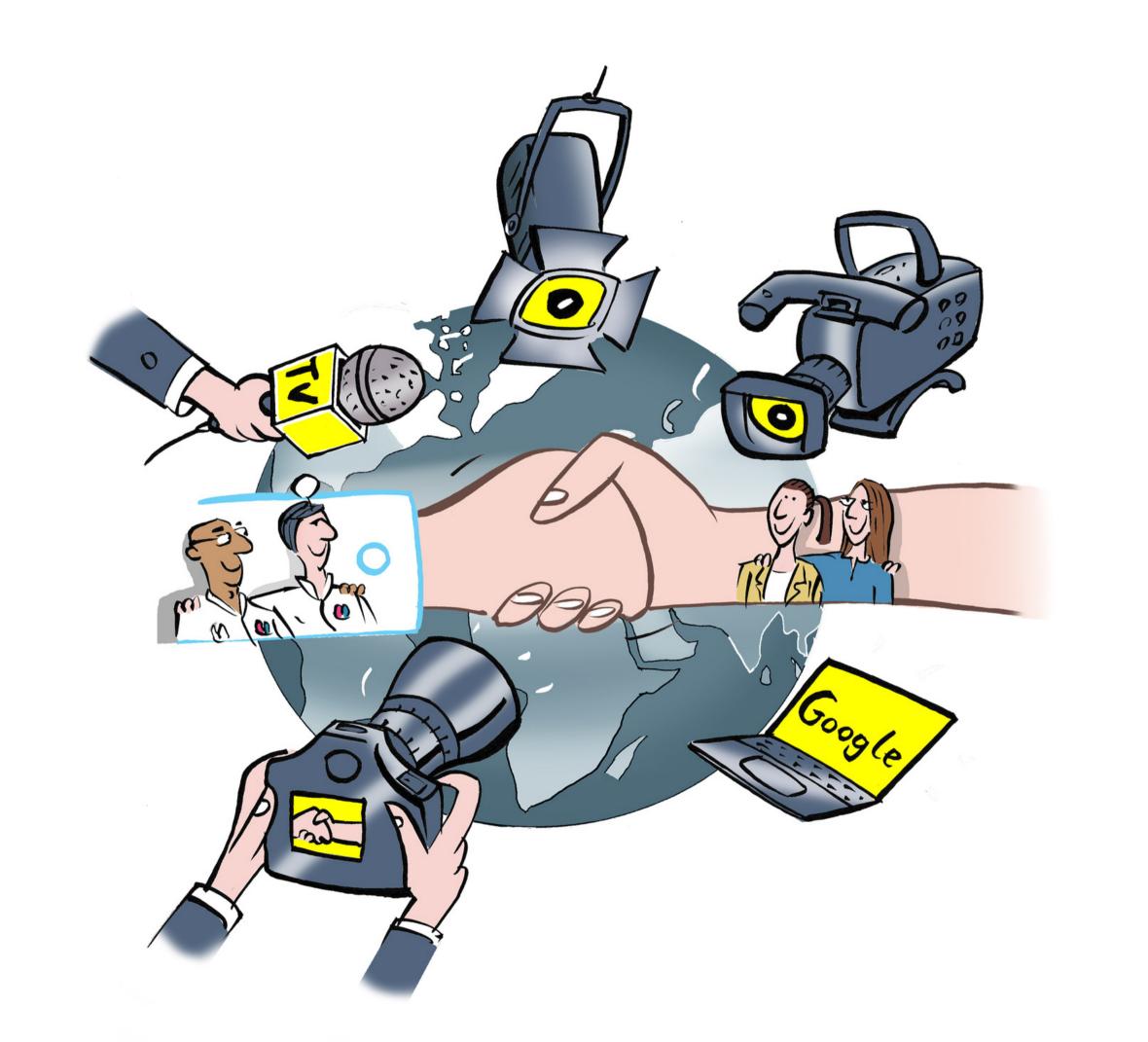














#### PROCEEDINGS OF SCIENCE

### Ketotic hypoglycemia in patients with Down syndrome: an example of extreme citizen science in biomedicine

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### Questions?

THANKS FOR LISTENING

