

# Translational research: what, why, how and with whom??

Annemieke Aartsma-Rus March 2018 PARIS



Use therapy development for DMD as a showcase

- Patient community involvement
- The need for timely tool development
- The importance of involving all stakeholders
- The importance of good communiciation
- Bilateral education  $\rightarrow$  trilateral education
- Can we learn from our mistakes?

### **Duchenne Muscular Dystrophy**

















#### Steps towards a marketed drugs

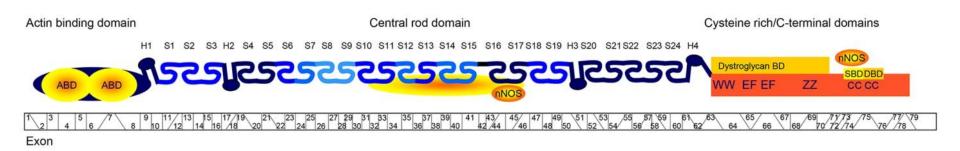
- Fundamental research
- Proof-of-concept studies
- Pre-clinical studies
- Clinical trials
- Marketing authorization (regulators, EMA)
- Health insurance/implementation
- Post marketing studies (MEB)

### **Duchenne Muscular Dystrophy**

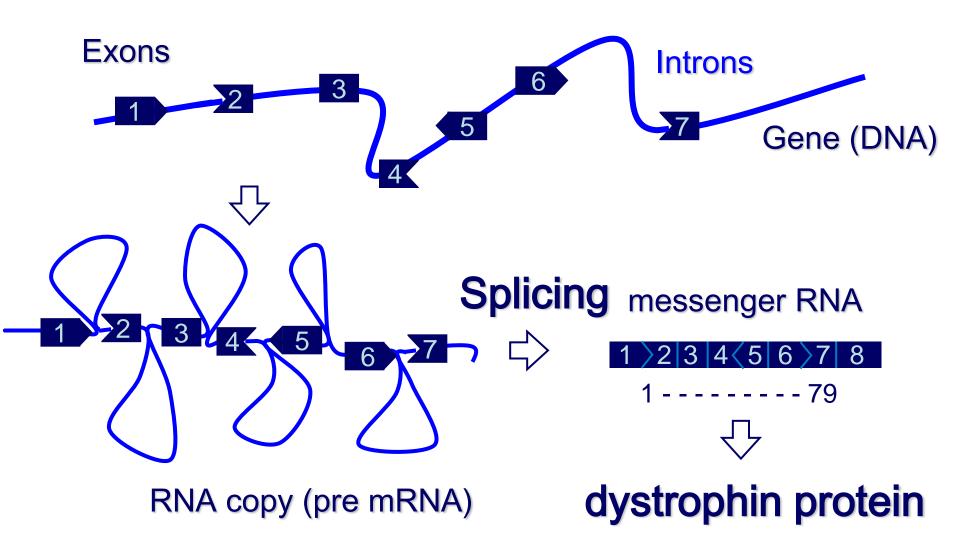


### Step 1: Fundamental research (\$\$)

- DMD patients lack dystrophin protein
- BMD patients have altered dystrophins
- Acts as shock absorber
- Connects muscle cytoskeleton to connective tissue
- Functional domains located at beginning and end

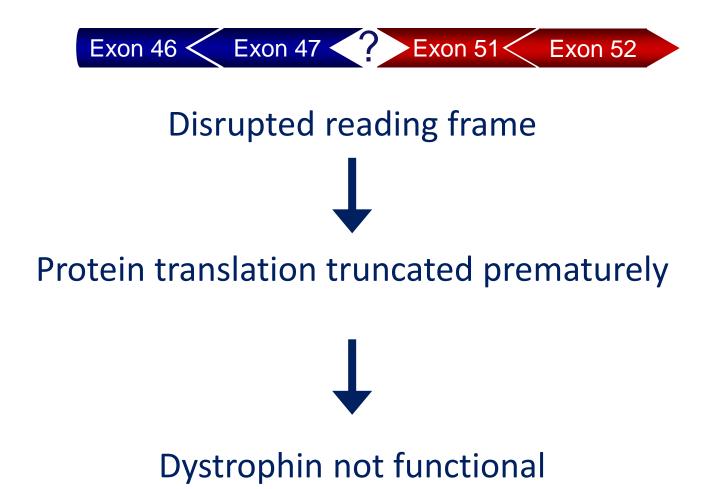


### Splicing

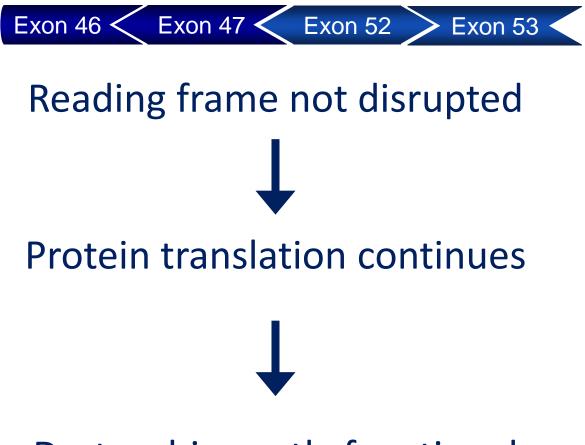


#### 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 55 56 57 58 59 60 61 62 63 64 65 66 54 69 70 71 72 73 74 75 76 77 78 79 68

#### Exon 48-50 deletion

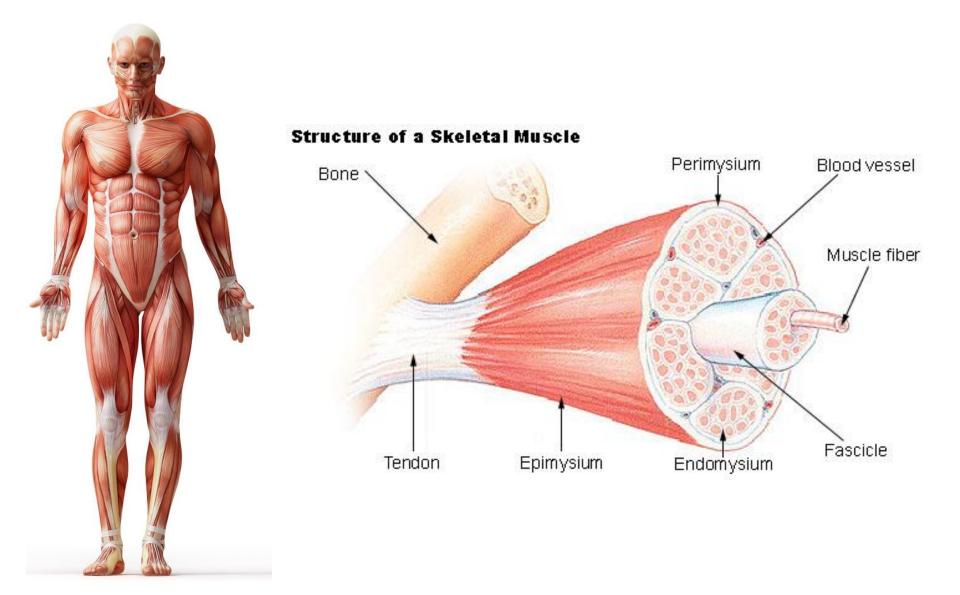


#### Becker: reading frame maintained



Dystrophin partly functional

### **Challenges for DMD therapy**

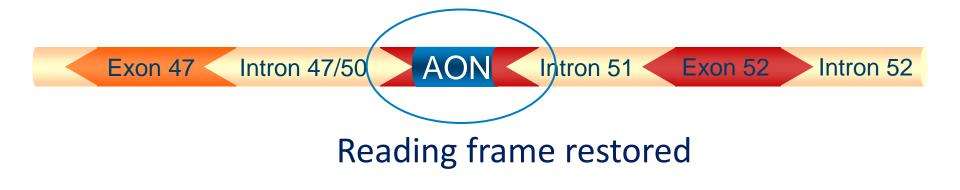


#### Duchenne vs Becker





### Exon skipping to restore reading frame



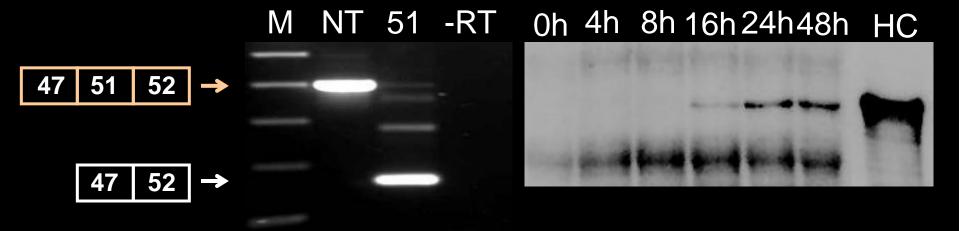


#### Partially functional dystrophin

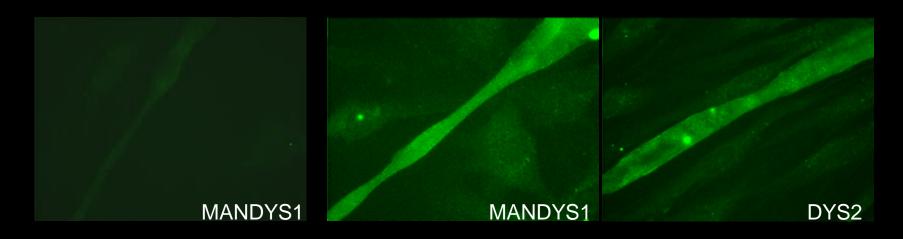
### Idea → Experiments \$\$\$



#### Step 1: DMD cells start making dystrophin

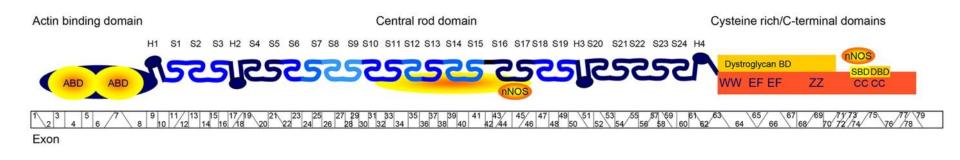


#### 48 post transfection



NT

#### Mutation specific approach



#### hotspot

All mutations	Deletions
14%	21%
9.0%	13%
8.1%	12%
7.6%	11%
3.8%	5.6%
3.1%	4.5%
2.0%	2.9%
	14%         9.0%         8.1%         7.6%         3.8%         3.1%

Bladen et al, Hum Mut 2015

#### Communication

- Not applicable to all patients
- Patient education
- Explain how approach works
  - www.exonskipping.nl
  - www.dmd.nl/gt/dance
- Realistic expectations
- Slows down disease progresion
- Not a cure

#### Is this what patients want?

Leading Article The Patient - Patient-Centered Outcomes Research February 2015, Volume 8, Issue 1, pp 19-27

First online: 19 December 2014

#### Caregiver Preferences for Emerging Duchenne Muscular Dystrophy Treatments: A Comparison of Best-Worst Scaling and Conjoint Analysis

llene L. Hollin, Holly L. Peay, John F. P. Bridges 🔤

Article Metrics

18 Department of Human Genetics





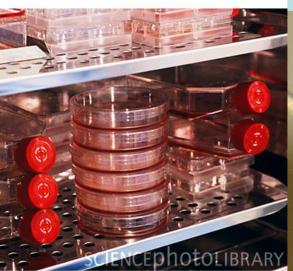
LEADING THE FIGHT TO END DUCHENNE

### Therapeutic development

#### **Cultured Cells**



#### Patients



- First test
- Feasibility
- Small numbers
- No circulation
- No immunity
- No organs

- *Mdx* mouse
- No dystrophin
- Organs, immunity
   Limitation
- Regenerates well
- High metabolism

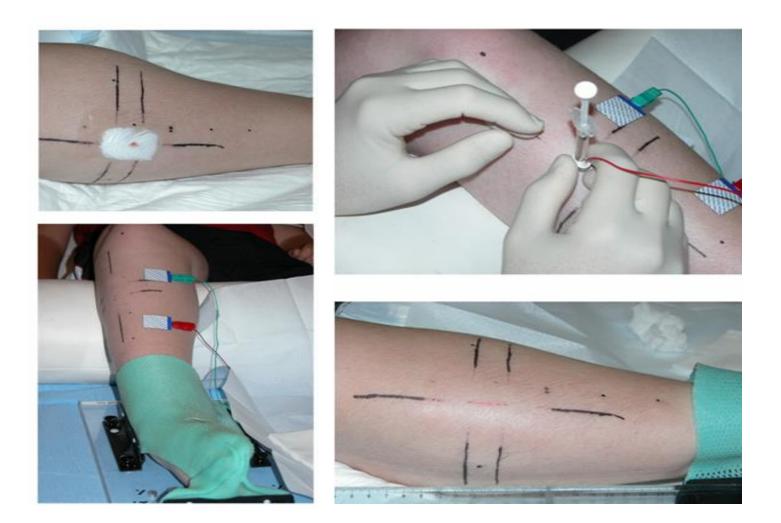
- Phase 1/2
- Safety
- No control group Phase 2-3:
- Effective?
- Long term safety?

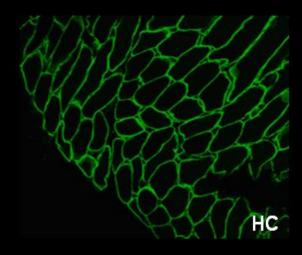
#### Step 2: first clinical trial



### **Clinical development**







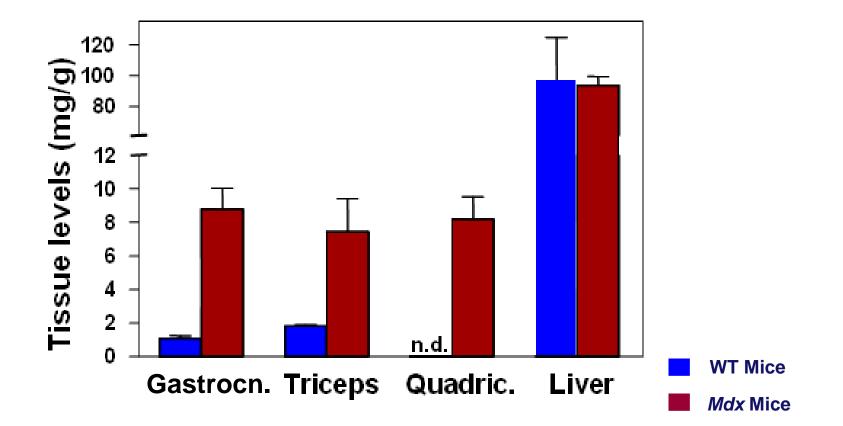
DMD

#### Step 3: mouse models

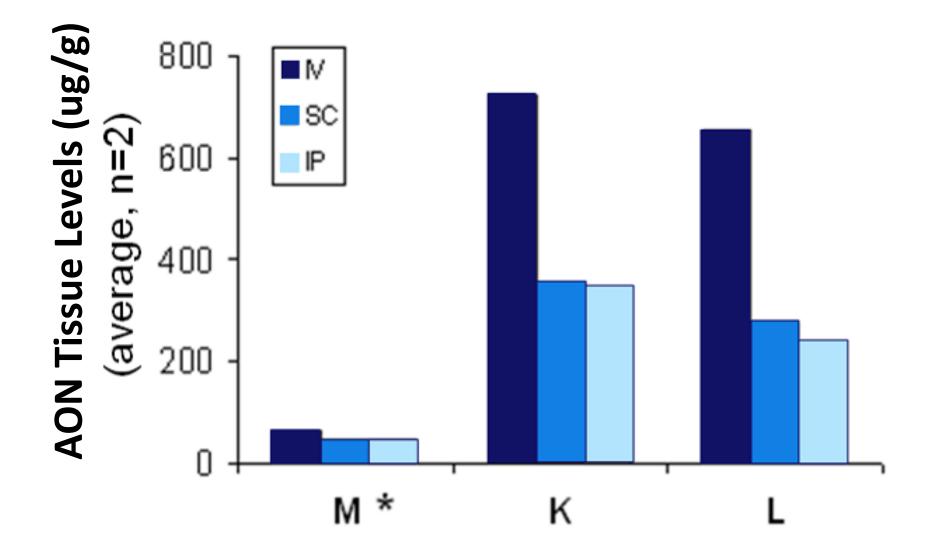
- No animal model is perfect that does not mean they are not useful
- Spontaneous mutation in mouse dystrophin
- No dystrophin production
- Dystrophic muscles
- Milder phenotype
- Test systemic delivery



#### **AON levels in muscle and Liver**



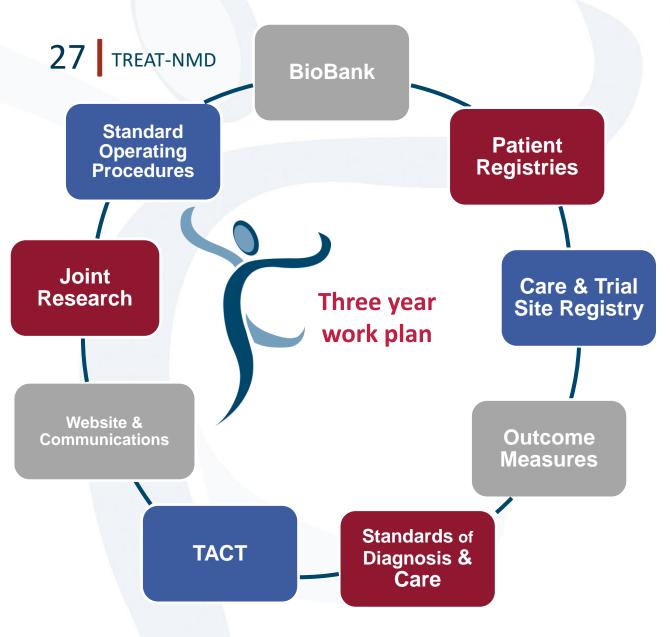
#### **Delivery routes**



#### Step 4: Systemic efficacy trials

How are drugs approved?

- For rare diseases European Medicines Agency (EMA) approves drugs
- Regulators base approval on benefit/risk analysis
- Need to show 'clincial benefit' for patients
- Need tools
  - Outcome measures
  - Natural history data



#### www.treat-nmd.eu

TREAT-NMD Neuromuscular Network

> 2007-2011 EU funded Network

> > 2012 onwards

Alliance funded through multiple streams with global partners & membership

#### Governance

Chair – Kevin Flanigan Vice Chair – Filippo Buccella

Executive Committee Supported by academic advisory board ("task force") of NMD leaders

### Trials were initiated (2008-2010)

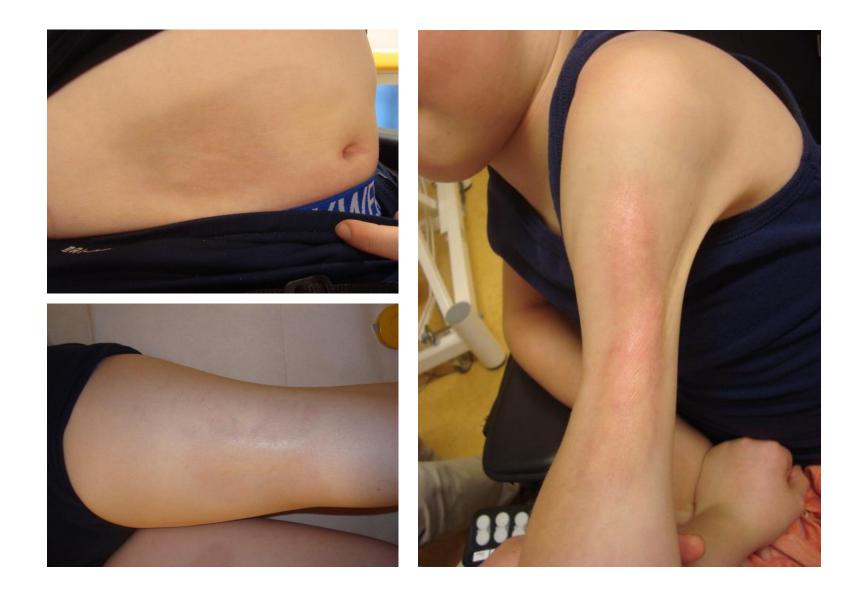
- Subcutaneous delivery
- 2a: Dose escalation (n=12)
- 2b: Dose regimen (n=51)
- 2b: Dose comparison (n=51)
- 3: Efficacy study (n=186)
- Open label extension study for each
- Primary endpoint: 6 minute walk test



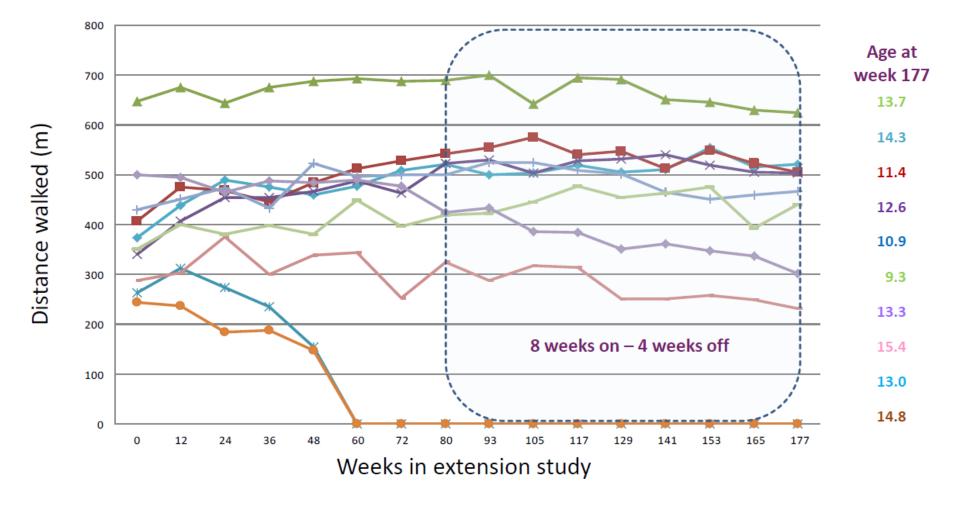
- Local injection reactions
  - Known effect of subcutaneous delivery of PS AONs
  - Intraveneous delivery: no injection reactions
- Proteinuria (reversible during treatment breaks)
- Thrombocytopenia in some patients



#### **Drisapersen - skin reactions**



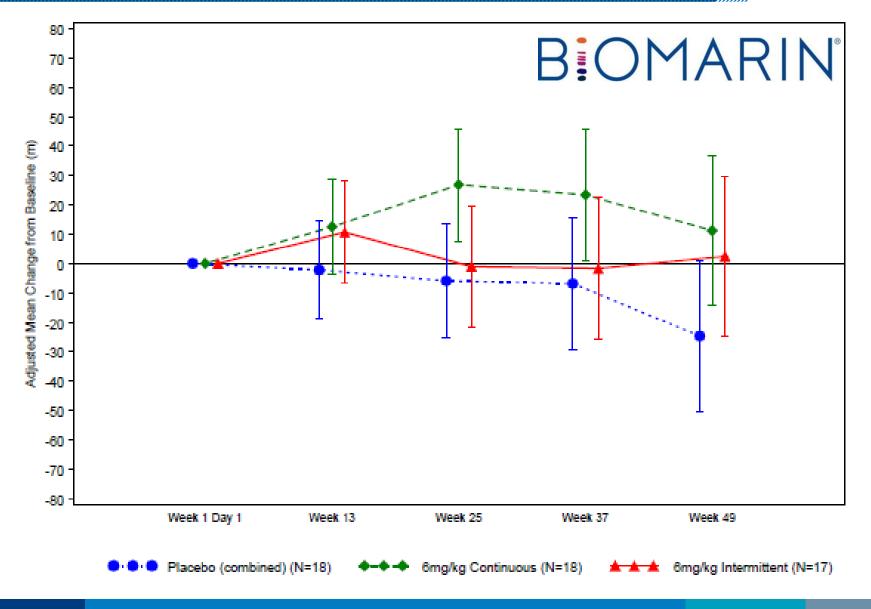
#### Open label study after dose escalation



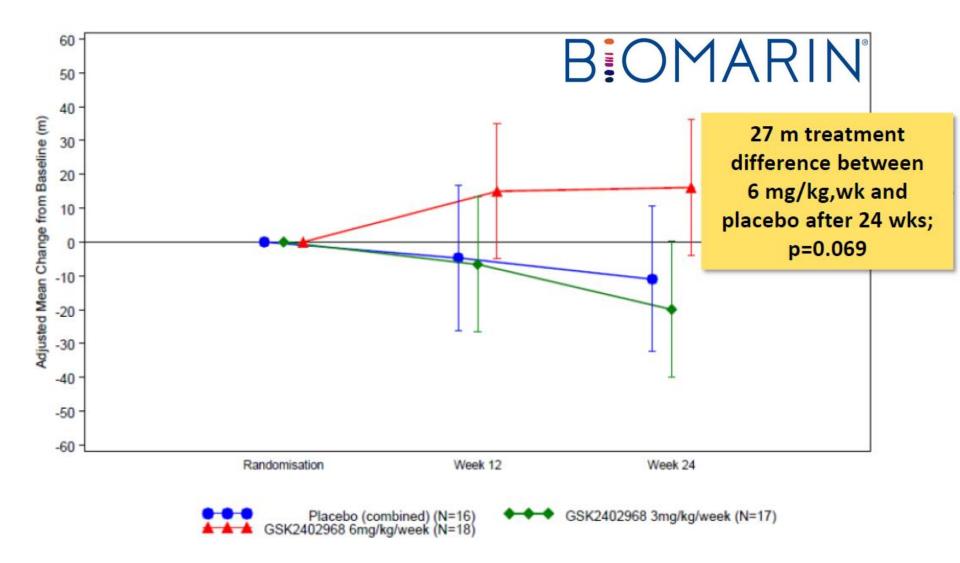
Annemieke Aartsma-Rus

BOMARIN

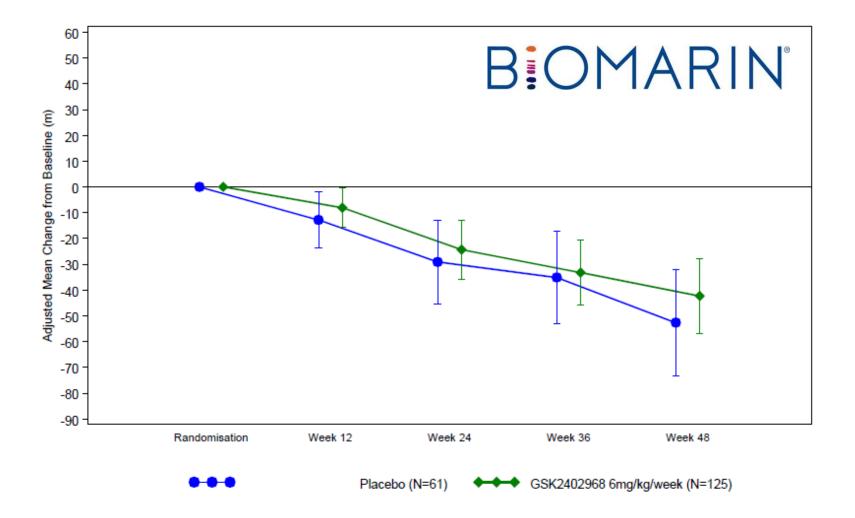
#### Phase 2b. Dose regimen study



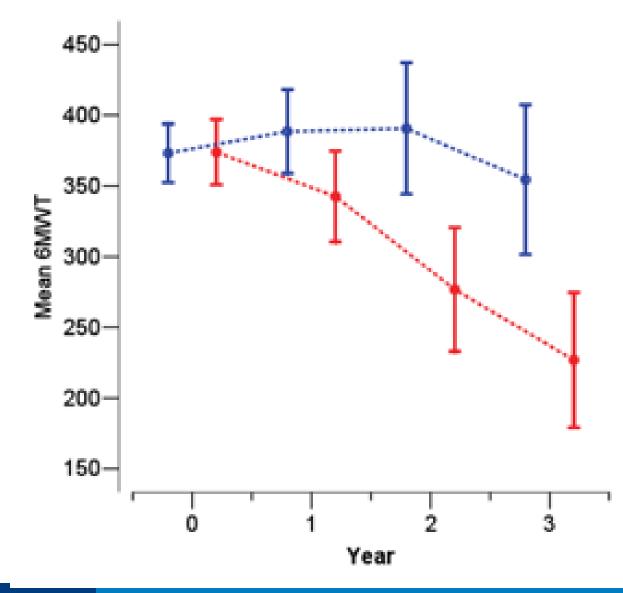
#### Phase 2b. Dose comparison



#### Phase 3. Efficacy study



#### What we know now



Blue: below 7 Red: above 7

### In hindsight

- Information too limited to allow set up ideal trial
- Limited information on 6MWT
  - Variation
  - Progression in different age ranges
- Power calculations impossible
- Selection of ideal cohort impossible
- Difficult to pick up minor treatment effect

#### Is this the end?

- Phase 3 population more advanced disease
  - See more response in younger patients
  - See more response in early stage patients
- Open label studies: effect clearer after 2 years
- Applied for FDA approval: not granted
- EMA application withdrawn
  - Limited benefit vs side effects
- Exon 44, 45 and 53 skipping programms stopped

Focus on next generation AONs BOMARIN<sup>®</sup>

#### **Collateral benefits**



### PUL test: developed WITH patients

Clinical meaning of c	urrent Pl	JL items
Shoulder abduction flexion to and above shoulder height		Access to cupboards, book shelves, using hair dryer combing hair
Hands to mouth		Self feed
Hand(s) to table from lap		Independence to reach things on a table from a chai
Move weight on table		Classroom activities, feeding table use, board game
Lifting light cans		Reaching across a table to get something
Lifting heavy cans		Putting things away, getting things out
Remove lid from container		Can access items in a container
Tearing paper		Simulates two handed activity like opening letters or crisps
Tracing path		Simulates writing
Push on the light		Simulated activities that require application of pressure with fingers e.g. door bell
Supination		Giving and receiving of money
Picking up coins		Handling money
Placing finger on number diagram		Simulating use of a key pad eg text and phone and remote
Finger grip items	$ \longrightarrow $	Simulates fine motor activities accessing technology that requires minimal finger movement

- Regulators are no experts in any rare disease
- DMD field no expert in regulatory affairs
- Stakeholder meetings organized to learn each others language and perspective and plan for future
  - Patients/parents
  - Academics
  - Regulators
  - Industry

### Road to success: communication



16TLN0102 Policy View

SP This version saved: 11:13, 21-Apr-16

#### Stakeholder cooperation to overcome challenges in orphan medicine development: the example of Duchenne muscular dystrophy

CrossMark

Volker Straub, Pavel Balabanov, Kate Bushby, Monica Ensini, Nathalie Goemans, Annamaria De Luca, Alejandra Pereda, Robert Hemmings, Giles Campion, Edward Kaye, Virginia Arechavala-Gomeza, Aurelie Goyenvalle, Erik Niks, Olav Veldhuizen, Pat Furlong, Violeta Stoyanova-Beninska, Matthew J Wood, Alex Johnson, Eugenio Mercuri, Francesco Muntoni, Bruno Sepodes, Manuel Haas, Elizabeth Vroom, Annemieke Aartsma-Rus

#### Free copy available on Researchgate

THELANCETNEUROLOGY-D-16-00102R1

Embargo: [add date when known]

\$1474-4422(16)30035-7

### Others are following example

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News and press	Home News and Events Calend	lar						
release archive	Spinal muscular atr	ophy workshop	)		🖂 Email 💧 Print 🔞 Help			
Committee meeting highlights	Details Documents Mult	imedia			Related information			
▶ Calendar	-				<ul> <li>Registration by invitation only</li> <li>Places limited</li> </ul>			
Public consultations	Title	Spinal muscular atrophy	workshop					
Statistics	Date	Date 11/11/2016 - 11/11/2016			Contact point: vilma.pakenyte@ema.europa.eu			
What's new		European Medicines Age						
Press contacts		Summary The European Medicines Agency (EMA), SMA Europe and TREAT NMD are co-organising a one-day workshop on spinal muscular atrophy		ı –				
Logo and visual identity		(SMA) on 11th Novembe will bring together key s	er this year. The wo stakeholders to disc	rkshop Juss,				
Leaflets		help and advance the de for the treatment of SMA include an overview of t	A. Topics for discuss	•				
RSS feeds		pharmacology of the mo	lecules under					
Newsletters		investigation, natural his measures and biomarke		oucome				
Control and dis								

#### Lessons learned by the field

- Have natural history data available (especially for your outcome measures)
- Suboptimal trial design can lead to false negative results (especially for low effective drugs)
- Develop outcome measures in parallel with therapeutic approach and involve patients
- Involve all stakeholders from an early stage
- Learn each other's language

#### **Retrospective analysis**

## "INSANITY IS DOING THE SAME THING, OVER AND OVER AGAIN, BUT EXPECTING DIFFERENT RESULTS."

#### **ALBERT EINSTEIN**

C Lifehack Quotes

**FDA News Release** 

#### FDA grants accelerated approval to first drug for Duchenne muscular dystrophy

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For Immediate September 19, 2016 Release

- No functional data available yet
- Approval based on minute increases in dystrophin
- Clear room for improvement
- Evaluation EMA pending

#### Acknowledgements

#### Exon Skip group

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